

Name of the Event: Report on WeRise Foundation's talk on "Substance Abuse".

Organised by: Career Guidance and Placement Cell.

Date: 17th May 2024.

Aim of the Programme: St. Joseph's College in Darjeeling, in partnership with the WeRise Foundation, recently held a seminar titled "Substance Abuse is a Disease" to address one of society's most important challenges. The Placement and Career Guidance Cell hosted the event, which took place on May 17, 2024, at ST Joseph's College Campus' Champion Hall. Its goal was to raise awareness and knowledge of substance addiction and its consequences.

Invited: WeRise Foundation.

No of Participants: 173

No of Faculty Members: 08

No of Resource Persons: 10

Report on WeRise Foundation talk on "Substance Abuse" Held on 17th May 2024:

The program discussed different types of addiction, like drugs, alcohol, gaming, and gambling, to help participants understand how addiction affects society today. The focus was on the importance of rehabilitation facilities in India, with WeRise Foundation representatives explaining the comprehensive treatment methods available at their facility, from detox to therapy sessions. Former patients shared their stories of overcoming addiction, inspiring others to seek help and start their healing journey. A group song added to the supportive atmosphere of the event.



Key Points:

The WeRise Foundation began with a moving skit meant to depict the dangerous path into drug usage and the difficult road to recovery. The audience was made aware of the terrible realities of addiction through moving performances, highlighting the significance of awareness and intervention.

The seminar not only increased awareness but provided a venue for the distribution of resources. The provision of easily accessible information regarding counselling services and rehabilitation facilities allowed those struggling with substance misuse to get treatment without feeling embarrassed. A group song added to the supportive atmosphere of the event.

Conclusion:

This report encapsulates the dedication to promoting a society that is compassionate and non-judgmental towards individuals with addiction issues. The WeRise Foundation received a symbolic gesture of appreciation from Mrs. Komal Gurung, the coordinator of St. Joseph's College's Placement and Career Guidance Cell, in appreciation for their important service. In summary, the substance abuse conference had a powerful impact on everyone who attended.



Darjeeling's St Joseph's College hosts seminar on substance abuse

SE Report

GANGTOK, May 18: St. Joseph's College, Darjeeling hosted a seminar, titled "Substance Abuse is a Disease", on Friday at the Campion Hall of college. Organized by the Placement and Career Guidance Cell of the college, in collaboration with WeRise Foundation, the event aimed to raise awareness about substance addiction and its far-reaching consequences, informs a press release.

The seminar opened with

a poignant skit by the WeRise Foundation, portraying the perilous journey into drug use and the arduous path to recovery. This powerful performance highlighted the grim realities of addiction, underscoring the urgent need for awareness and timely intervention.

Beyond raising awareness, the event provided a valuable platform for disseminating resources. Attendees received essential information about counselling services and rehabilitation facilities,

enabling those grappling with substance misuse to seek help without stigma.

A key message delivered by WeRise Foundation members emphasized that "Addiction is a disease." They elaborated on the three main components of addiction—compulsion, loss of control, and craving—challenging the misconception that addiction is merely a matter of choice.

The program addressed various types of addiction, including drugs, alcohol, gaming, and gambling,

offering participants a comprehensive understanding of how addiction impacts society today. Representatives from the WeRise Foundation detailed the holistic treatment approaches available at their facility, from detoxification to therapy sessions. Former patients shared inspiring testimonies of overcoming addiction, motivating others to embark on their own recovery journeys. A group song further enriched the supportive atmosphere of the event.

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सन्त जोसेफ कलेज दार्जीलिङमा 'मादक पदार्थ दुरुपयोग एक रोग' विषयक सङ्गोष्ठी सम्पन्न



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दार्जीलिङ, १८ मई : सन्त जोसेफ कलेजले 'वी' राइज फाउन्डेसन सँगको सहकार्यमा हिजो, १७ मईको दिन कलेज क्याम्पसको क्याम्पियन हलमा 'मादक पदार्थ दुरुपयोग एक रोग' शीर्षकमाथि एक प्रभावशाली सङ्गोष्ठीको आयोजना गरेको थियो।

प्लेसमेन्ट एन्ड करियर गाइडेन्स सेलद्वारा आयोजित यस कार्यक्रमको उद्देश्य मादक पदार्थको लत र यसको दुरगामी परिणामहरूको बारेमा चेतना जगाउनु थियो। मादक पदार्थको प्रयोगमा खतरनाक यात्रा र त्यसबाट छुटकाराको कठिन मार्गलाई स्पष्ट रूपमा चिज्ना गर्दै 'वी' राइज फाउन्डेसन'को मार्गसर्गी नाटक मञ्चको साथमा सेमिनारको उद्घाटन भयो। यस शक्तिशाली प्रदर्शनले जागरूकता र समयमै हस्तक्षेपको तत्काल

आवश्यकतालाई जोड दिँदै कुलतको गम्भीर वास्तविकतालाई प्रकाश पारेको आयोजक पसले बताएकोछ। जनमानसमा चेतना जगाउनुबाहेक, कार्यक्रमले योतहरू फैलाउनका लागि बहुमूल्य मञ्च प्रदान पनि गरेको दावी गरिएकोछ।

उपस्थितहरूले परामर्श सेवाहरू र पुनर्वास सुविधाहरूको बारेमा आवश्यक जानकारी प्राप्त गरेका छन्, जसले मादक पदार्थको दुरुपयोगसँग जुझ्नेहरूलाई कलङ्कबिना महत् लिन सक्षम बनाएको छ। 'वी' राइज फाउन्डेसन'का सदस्यहरूले दिएको एउटा मुख्य सन्देशले कुलत एउटा रोग हो भन्ने कुरा सेमिनारमा जम्पित सबैको मन मलिनभन्दा सन्धीति गरेकोछ। उनीहरूको भनाइ अनुसार, लतका तीन मुख्य घटकहरू - बाध्ता, नियन्त्रणको अभाव, र लोभ रहेको र लत

केवल छोटोको कुरा हो भन्ने गलत धारणालाई चुनौती दिएकोछ। कार्यक्रममा ड्रम, रकमी, गेपिड, र जुवा सहित विभिन्न प्रकारका लतलाई सम्बोधन गर्दै सहभागीहरूलाई आजको समाजलाई कसरी प्रभाव पार्छ भन्ने विषयमा विस्तृत जानकारी प्रदान गरेको फाउन्डेसनका प्रतिनिधिहरूले बताएका छन्।

'वी' राइज फाउन्डेसनका प्रतिनिधिहरूले उनीहरूको सुविधामा डिटोक्सिफिकेशनदेखि थपथपी सत्रहरूसम्म उपलब्ध समग्र उपचार दृष्टिकोणहरूको विस्तृत विवरण दिए। पूर्व बिरामीहरूले लतमाथि विजय प्राप्त गर्ने प्रेरणादायी प्रमाणहरू साझा गरे, अरुलाई आफ्नो रिकभरी बाजाहरू शुरु गर्न प्रोत्साहित गरे। एउटा सामूहिक गीतले कार्यक्रमको सहयोगी वातावरणलाई अझ समृद्ध

बनाएको थियो। आफ्नो समागम मनबन्धमा, प्राचार्य विक्रम राईले विद्यार्थीहरूलाई सक्रिय रूपमा आफ्नो समुदायमा योगदान गर्न र लत विरुद्धको लडाईमा सामेल हुन प्रोत्साहित गरे।

सन्त जोसेफ कलेजको प्लेसमेन्ट एन्ड करियर गाइडेन्स सेलको संयोजक श्रीमती कोमल गुरुङले यस पहलको प्रशंसा गर्दै 'वी' राइज फाउन्डेसनलाई उनीहरूको अमूल्य सेवाका लागि समाज साथै धन्यवाद ज्ञापन गरिन्। लतसँग लडिहेका व्यक्तिहरूलाई सहयोग गर्न समानुभूति र सम्मानको महत्त्वलाई जोड दिँदै सेमिनारले सबै सहभागीहरूमा गहिरो प्रभाव पारेकोछ। आकर्षक प्रस्तुतीकरण र हृदयस्पर्शी कथाहरूले लतको सामना गर्नेहरूको आन्तरिक गौरव र मानबतालाई बलियो बनाउन सहयोग पुऱ्याएकोछ।

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